

April 2019

Pierce Distribution Services Company

Kevin Hogan Writes...

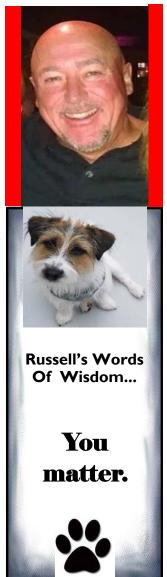
In the March Newsletter, I mentioned Andy Oltremari and Dino McNabb were working together on a special project Friday. that would lead to a new facility. They were successful and we will be opening a new location in Memphis Tennessee soon. The company is based out of South Carolina and needed to consolidate two distribution facilities and Memphis was their choice. We will be distribution managing their center which includes some packaging. This is great news and it is a job well done. If any Pierce associate would like to relocate to Memphis to work at this, Tommy Sisco at ICP celthis operation, please let your ebrates 5 years on May ICP and Pierce. May was a HR person know this. We need to finalize the ble Anniversaries in May; Luis location, secure equipment and hire the staff. Dino as well as Jason will be busy getting this facility operational. I am sure they will call on others for help as necessary.

Jason visited with me and provided services on the Port Orchard, Washington office. Later he drove to meet Dino in Portland, Oregon for a visit to 26th,

ICP. Thursday for some meet- May 28th and finally Judy ings. safety luncheon at ICP on on May 24th. Judy is the Thanks to Kim Quartaro, Jon has overseen processing Munchus, Brett Downey and returns for many compa-Randy Cantonwine for mak- nies. She worked at Blacking me feel welcome each hawk Park Ave, Broadway, and every time I visit.

I would like to wish everyone Ripley Tn. She was working celebrating a birthday in May a Happy Birthday. There are three Milestone Anniversaries in May: On May 11th, Margaret Haycraft and Michael Deberry both at Ripley will celebrate 5 years. In addition to about 19th. There are many nota- great month to hire. Valdez (ICP) 12 years on May ~Kevin Hogan 24th, Patricia Douglas (Ripley) 14 years on May 2nd, Nestor Canedo Argulo (ICP) 14 years on May 2nd, Neng Nguon (ICP) 14 years on May 16th, Horn Choup (ICP) 16 years on May 25th, Khun Ngoy (ICP) 17 years on May 30th, Tony Chiodini (Corporate) 21 years on May John

I met with them on (Corporate) 23 years on I also attended the Borgmann (Ripley) 46 years It was very nice. Dealer Return Guru who Material Avenue, Jackson Tn, Humboldt Tn and now for the company when I first started and we have been friends ever since. 46 years is a long time. I would like to thank everyone celebrating Service Anniversaries in May for their years of dedication and commitment to



ICP Celebrates Milestones

May 2019

Kim Quartaro 4 years Tommy Sisco 5 years Luis Vazquez 12 years **Nestor Canedo** 14 years Neng Nguon 14 years Horn Choup 16 years Khun Ngoy 17 years

Below, Horn Choup









Tommy Cisco, Luis Vazquez, and finally the Jerry Garcia lookalike, Nestor Canedo.

Rockford Writes...

TRAINING AND EARTHQUAKES

Beth Futrell and I were recently was not the sole survivor of invited to the Komatsu facility in some end of days story line. I Ripley Tennessee to participate returned to my room and turned in training for their new ware- on the TV to see reports of a 3.6 house management system. It magnitude quake. Before you really looks like a very user laugh, yes I realize in California friendly set up. Everything is as this wouldn't even cause somedescribed in very simple terms, one to pause from sipping their inbound, outbound, inventory latte but waking to it in a pitch the go live here in Rockford. We life and death to me. Luckily I were also taken on a tour of the survived. facility. It was like looking into an ant farm, so many people moving in so many different directions. It was very impressive. Id' like to thank Heather Arwood as she did a great job keeping us safe and well informed of the Nearly every day attendance is workings of each area as we toured. Unfortunately my entire visit to the state of Tennessee remember attendance is a basic was not so pleasant. There I was fast asleep dreaming of returning to work the next day when all of the sudden a rumbling disrupted my slumber. We've been BOMBED was the first thing that came to mind. I stumbled around the room in the dark as the building continued to shake for what felt like an eternity but was probably only six seconds. I soon decided it must be an earthquake. I dressed and opened the door to the hall. At first nothing—but then I quickly and I would like to acknowledge heard the clicking of doors that achievement. Hussein Alopening and heads lining the hallway. I said to the man a few doors down, "Am I going crazy" to which he responded "I don't think so". I was calmed by the



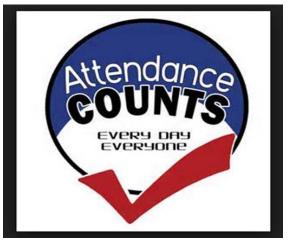
an issue in one form or another absent all day, in late or out early. I think it's important to job requirement. And attendance doesn't just mean being physically present. Good attendance means you are present and accountable. Yes, poor attendance has a direct effect on the company, but it also affects the employee personally. Attendance records can ruin employability and often has a negative effect on relationships with co-workers. Realistically, life happens and everyone misses work once in a while. Believe it or not, good attendance is achievable. April, we had eleven (11) associates with perfect attendance thajil, Christine Blazer, Brenda Chandler, Crystal Cooksey. Bertha Gonzalez, Todd Johnson, Maria Medrano, Jorge Perez Diaz, Raul Sanchez, Calvin Wainwright and Melody Wallace. These associates are sight of others now knowing I good examples of present and



Everyone is familiar with the expression "April showers bring May flowers". April 2019 and so on. I'm looking forward to black hotel room sure felt like brought lots of "snow" showers to northern Illinois. We had tulips and other spring flowers poking their heads up through the white stuff. Hopefully, we've seen the last of the snow for the season. We're ready to put away the snow blowers and bring out the lawn mowers. Seems like a good trade. We have several associates celebrating May birthdays, Jaymes Ellis, Chad Hada, Ken Holze, Mariela Pinedo, Crystal Ruiz and Dexter Washington. Happy birthday to each of you.

> Mariela, also, celebrates her four year service anniversary in May. Congratulations, Mariela.

LOIS PATMYTHES



accountable. Congratulations and keep up the good work!

LOIS PATMYTHES

Rockford Continues...

WINNER WINNER CHICKEN DINNER!



HR Corner...Your Benefits!

ZERO CARD

What if you were given a choice to either pay coinsurance for your MRI, which could be a couple hundred dollars, or you could pay nothing. Which would you choose? If you have elected to take insurance coverage from Pierce through Blue Cross/Blue Shield of Illinois, you also are signed up for the Zero Card, which is a tremendously underused benefit that Pierce offers you, the insured.

Say you go to your personal physician for an exam, and as part of your yearly physical, your doctor orders lab work. Instead of having the lab work done on site, you can tell the physicians' office that you have The Zero Card. Once you call the helpful people at the Zero

Card, they will tell you exactly what to do and where to go (here it would be Quest Diagnostics) to have the necessary lab work done, at zero cost to you.

If you visit your physician with a sore neck, and your physician refers you for an x-ray, you handle it the same way. The best part is that when you elect to use The Zero Card, your health plan will pay 100% of the charges for that x-ray. That means no deductible, no copay, and no coinsurance for your procedure. The Zero Card services include surgeries, orthopedics, lab, x-ray, advanced imaging (CT scan, MRI, and ultrasounds) and many others.

How does it work?

Your doctor informs you that you need a service or procedure.

You call the Zero Card Personal Health Assistant at 855-816-0001

That's it! They take care of the details and you always pay \$0.

Here's a real life example. I recently needed an MRI of my neck. My doctor's office wanted me to have it done at the hospital and let me know that central scheduling would call and set that up. However, I told them I had the Zero Card, so I went home and called them. They set everything up for me, including the appointment time, which was a convenient 6:30 p.m. so I didn't have to miss work. I went to Forest City Diagnostics, which is a clean, modern facility. They handled all the paperwork for me so I only had to sign a permission form. My results were given to the doctor within two days.

Since the inception of the program in January of 2017, Zero Card has added many more facilities not only in Illinois, but different states for your convenience. If you've tried to use the service before, only to find out there were no local facilities, please give them another chance. There are far more choices available, and places to choose from now in every state.

CHRIS CACCIATORE

Ripley Writes...

BIG THANKS FOR ALL THE LOVE AND SUPPORT!!!

Be patient and just read this story! I don't want to be "too graphic" and give "too many" gory details, but I do want you to be aware of common everyday symptoms that many of us experience and how we need to respond.

Ripley's Plant 7 is "sooo very PROUD" to welcome back from FMLA our associate and friend, Kimberly Latham. Kim has been with Pierce Distribution since October 2017. She has worked on both second and first shift and is currently with the Allocations Department on first shift. Everyone loves Kim and her positive "go-getter" attitude - a great friend and loyal employee. She would be the first to admit that life is not always fair. Things happen in our lives that we don't have control over and cannot change.

Kim admitted that her health issues started out as lower back pain and issues dealing with "bathroom habits" in August 2018. Her symptoms were affecting everyday activities and she reluctantly sought medical advice from Ripley's Mid-South Convenient Care (local walk-in clinic), Dr. James Tettleton (we know him as Dr. Bubba). After consultation, Dr. Bubba referred Kim to a Gastro Clinic to see Dr. Rao Babu and he immediately scheduled a colonoscopy. However, before the colonoscopy could be performed, Kim's pain was so intense she had to go to the emergency room at Baptist Memorial Hospital -Tipton and was immediately airlifted to The Med (Elvis Presely Trauma Center) in Memphis. After exam and several test, Kim was rushed into life-saving emergency surgery (exploding bowel) for removal of three cysts and removal of three feet of cancerous small intestines. This single parent was hospitalized for 7 days, recuperating and also worrying about three minor children at home (17 year old Ryan and a set of 13 year old twins, Zachary and Zoey). How was she Before going to survive? being dismissed from the hospital, she learned she would be required to have follow-up radiation treatments for two months, but thankfully no chemo. radiation was simply overwhelming! She drove herself for daily treatments, and quickly learned the treatments were long and she could not leave the doctor's office until her blood pressure leveled out after each visit. She was sleepy, she was tired, she was trying to be a parent (her closest relatives were in IL and unable to provide much assistance), she was struggling. My work family came to my rescue and jumped into action (paid insurance premiums), solicited money in fund raising activities and provided household needs (groceries). I am so thankful to work with such giving, kind, thoughtful and loving people - I am blessed!

Kim expressed that before this cancer scare, she had always taken life for granted, but not any longer. She ex-



plained how she "thought" she was spending enough times were her kids, but after this medical challenge, she realized the importance of quality time and being a part of her children's everyday activities. Our life choices are precious, our memories are so important we now have "date night/ activity night" with my kids. We talk about issues the kids are dealing with - lots of conversation with the kids help them deal with the fear of losing their mother. Toward the end of her FMLA she was again faced with the news of additional surgery for the removal of her gall bladder. The doctor explained that her gall bladder had been severely damaged by the radiation treatment and was no longer functioning. Kim stated that this surgery was a "piece of cake" compared to the removal of cancerous intestines and her hospital stay was short. Kim explained that during this whole challenge of dealing with cancer, the present and future, what might/could happen brought on short periods of depression, lots of questions/ challenges and she honestly admits to an occasional swig of

"crown" helped her get through the ordeal and believes she is a stronger and better person. You never know what you can handle until you are faced with the thought of dying. She was pleased that she did not lose her hair (chemo would have definitely made that happen) and another good reason to take radiation treatments. There is a history of cancer in the family, both mother and father and several uncles

Kim realizes that we are each faced with life challenges on a daily basis. She also want everyone to recognize medical symptoms and not wait too long for seeking medical attention. Truthfully, I was embarrassed with my poor functioning body, but the pain made me seek help. A positive attitude, a strong faith, and my family and friends made me a survivor - May God Bless!

MIKE MOORE



Wellbeing Resources Newsletter – April 2019

Each month Gallagher Williams-Manny provides The Wellbeing Resources to you as a service for distribution to your employees. Utilize the toolkit at www.ajg.com/livelifewell and select 'download resources.'

This month's topics include: GET MOVING!!

- 1. Exercise reduces stress by increasing the amount of norepinephrine in your body, a chemical that helps moderate your brain's response to stress and difficult situations. (It's also a hard word to say three times really fast.)
- 2. Exercise makes you less grouchy by releasing mood-enhancing endorphins into your bloodstream.
- 3. You boost your energy level all day long by sending more oxygen and nutrients to your muscle tissues and enhancing your cardiovascular endurance.
- 4. You sharpen your focus and improve your memory. Exercise sends more oxygen to your brain than sitting around. In turn, that oxygen boosts production of cells in the hippocampus, aiding your ability to retain information.
- 5. Lose weight by simply adding steps or activity minutes to your day. Frequent short walks are a great complement to a balanced diet and highintensity workouts, which can be more sporadic.

Tony Chiodini

Ripley Continues...

MY CREW—MY **FAMILY**

This is the way we do it at the Month; L-R: Ripley's Plant 7. When I gath- Yvonna Turner, ered the winner of our Associ- Kelvin ate of the Month in my office Ben to make the announcement Janice and make his picture, he im- Leslie mediately responded, "I want head, my whole crew to be a part of Douglas, Tabithis honor". So that is exactly tha Chandler & what we did! Take a look at Daphne Young this great picture of our Associate of the Month, look real hard near the bottom center of ner. picture and you will find, Julian Rogers, of our first shift's Breakdown & Receiving Department. JuJu has been a 4 years (worked one year as a temporary associate). Nomi-

Bottom Center - Julian Rogers - Associate of Cole, Smith. Rice, White-Pat

Janice says she simply couldn't do it without him. JuJu calls himself a "family man" and is quick to point out his real love (s) is his daughters. Raelynn is member of the Pierce team for 4 and Juliyah is 8 months. A life -long resident of Ripley and Lauderdale County, he is a 2008 nated by his Line Lead, Janice graduate of Ripley High School Rice, for leadership, quick- where he was active on the ness, analyzing skills and Tiger Track & Field team. Did dependability in making sure you know his favorite color is the job is done correctly the Green? He often wears blue, first time is why he is our win- but seriously considers green as



his favorite. He makes life simple -"No matter what - Keep going". Thanks, JuJu, for sharing this honor with your work team - remember, we're all COOL, CALM & CRAZY!

MIKE MOORE



MAY ANNIVERSARIES

Name	Day	Plant
Judy Borgmann John McNabb Tony Chiodini Khun Ngoy Horn Choup Patricia Douglas Neng Nguon Nestor Canedo Luis Vazquez Sylvia Davis Margaret Haycraft Michael Deberry Tommy Sisco Mariela Pinedo Kim Quartaro Allester Hightower Yorleyvis Ochoa Joseph Demps	5/24/73 5/28/96 5/26/98 5/30/02 5/02/05 5/02/05 5/16/05 5/13/13 5/11/14 5/11/15 5/18/15 5/09/16 5/08/17	5 C C ICP ICP ICP ICP ICP ICP ICP ICP ICP

MAY BIRTHDAYS

Name	D	ay	Plant
Stephanie Gill James Ellis Patricia Douglas Steven Johnson Rath Yong Jason Smith Steven Hendrix Milton Powell Crystal Ruiz Rachel Brewer Chad Hada Latonia Peet Manuel Hernandez Veronica Conchas Cody Marbry Tommy Sisco Ken Holze Ronnie Thompson John McNabb Londell Currie Judy Borgmann Brian Cutts William Smith Dexter Washington Sergio Meza Garcia Julian Rogers Mariela Pinedo Winston Starks Donna Oliver Zachary Hopkins Shari Jameson		01 01 02 02 03 03 04 06 07 08 09 09 12 15 15 15 16 21 22 24 24 26 29 31	7 2 7 5 ICP 7 2 7 1CP 5 7 1CP 7 2 1CP 7 2 1CP 7 2 1CP 7 2 1CP 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
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Ripley continues...

DOT HAZMAT TRAINING

Plant 7 is proud of our beautiful ladies who completed DOT Hazmat Training. They successfully completed the training and fulfilled the testing requirements and were awarded with their 2019 DOT Certificate.



MIKE MOORE

WE DID IT AGAIN!



At Ripley's Plant 7 we are taking advantage of Pierce Pickup Truck with money making projects. To assist a fellow associate currently on sick leave (effort to keep insurance premiums current), we decorated our truck for Easter, complete with a Mr. & Mrs. Bunny in the truck seat. loaded the truck bed with Komatsu packages, topped off with 5 dozen colorful East-For a er eggs. \$1.00 donation as-

sociates had the opportunity to win Mr. & Mrs. Bunny. Our winner was our First Shift Service Parts Line Lead. Balinda Hairfield. It is beyond belief of what our associates do to help out a fellow associate in need - so PROUD of each of them that participated!



Drawing the winner from the glass container is Yvonna Turner along with other Pierce associates - we raised \$119.00.







Ripley continues...

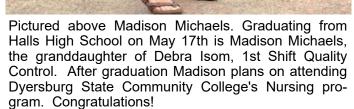
Pictured at right: Cayson Hawks. Cayson is the 5 year old son of Chad Hawks, Ripley QC. He graduated from Finley Elementary Pre-K and future plans include being the next sheriff of

TN. Good Luck!

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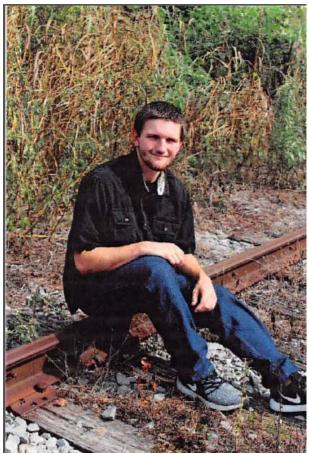


GRADUATES!



Pictured at left: Zoev Sophia Clemons Zoey is the 4 year old daughter of Marcko Clemons (2nd Shift QC) and Cayse Sanders. She will be graduating from Ripley Pre-K in May 2019. Žoey likes playing outside, jumping on the trampoline and Always willing fishing. and wanting to help, this beauty is looking forward to attending Kindergarten in the fall. Dad is very PROUD of this young lady!

Pictured below: Cyrus McCammon. Cyrus is the 17 year old son of Ripley's Breakdown associate, Leslie Whitehead. The graduating senior graduates May 17th from Halls High School and been accepted at Dyersburg State Community College where he will pursue a degree in Criminal Justice. Proud of you, Cyrus.



Ripley Continues...



Pictured above: Renee Sparks. Renee will be graduating May 2019 from Halls High School. She is the daughter of first shift's Rhonda Sparks. Renee plans on being a veterinarian and will begin her studies at Dyersburg State this fall. Congratulations!

Pictured at right: Keterivon Bonds, Felicia Bonds, Allocations Line Lead, announces the graduation from Ripley Mid-School dle Grade) her son, Ket-erivon Bonds, Jr. His future plans call for him to play professional sports as part of the NFL and NBA whichever pays him the most mon-Felicia has always trained him to set his goals high and believe that anything is possible if you only put forth the effort. Congratulations!

Pictured at right: Breanna Jarrett. Five year old, Breanna Jarrett, daughter Daphne Young (1st Shift Shipping & Receiving) graduated from Rip-Primary ley School's Kindergarten program in May 2019. The fu-"beauty ture queen" may want to be a doctor (if she has time) in the future. Good Luck Ms. Breanna - We are PROUD of you!





